

		Sen/Jun Men	Mas Men	Sen/Jun Women	Mas Women	Young Males	Young Females
	Teams	11	7	9	8	9	11
East Sutherland AC	2	1	0	1	0	0	0
Forres Harriers	3	1	0	0	2	0	0
Fraserburgh RC	1	0	0	1	0	0	0
Highland Hill Runners	8	1	2	2	2	0	1
Inverness Harriers AAC	14	3	0	1	1	3	6
JSK RC	4	0	2	1	1	0	0
Moray RR	9	3	1	3	1	1	0
Nairn RR	3	1	1	0	1	0	0
North Highland Harriers	1	0	1	0	0	0	0
Peterhead AC	2	0	0	0	0	1	1
Ross County AC	8	1	0	0	0	4	3